



Abby Leach RScP, Licensed Practitioner

About My Practitioner Practice

Welcome! If you are interested in a practitioner session or simply curious about what a licensed practitioner is, you're in the right place. The [United Centers for Spiritual Living](#), formerly known as the Church of Religious Science, licenses professional practitioners after an intensive 4 year study in consciousness and spiritual counseling techniques that includes multiple exams as well as the demonstration of skills in practice. After licensing, practitioners are required to follow a professional code of ethics, take continuing education and provide service to their community in order to retain their designation as "licensed practitioner" (denoted as "RScP").

Practitioners are trained to "know the truth" behind any situation and are able to remind their clients of that truth during spiritual counseling sessions that may include the use of prayer techniques. Practitioners hold a sacred space where healing can occur.

My Background and Training

In July 2007, after four years of intensive study and training in spiritual counseling, I became a licensed Practitioner through United Centers for Spiritual Living. While completing my practitioner training, I simultaneously received training and initiations in Peruvian shamanism. I have found that principals of Religious Science (also called Science of Mind) dovetail beautifully with the philosophy of shamanism; being a student of both disciplines integrates well into my work.

The Session

Practitioner sessions are appropriate for a number of different challenges. It's not required that you profess to be on any spiritual path. Sometimes prayer just feels good for no reason. Sessions are generally an hour in length and are typically at my office, on the phone, or via skype. However, sessions may be in your home or another designated location depending on your need. We open and close sessions in prayer using a five

step treatment process. I am happy to teach you this process which has the ability to change your life by re-defining how you think and feel about life. It gives you a simple tool you can use and develop to empower your life. I may ask you to create a spiritual practice outside of sessions...again, it is not required. Regularity of sessions varies depending on need.

It is important to remember that a practitioner session is not therapy; instead it is spiritual counseling focusing on prayer work and other spiritual practices which we will define together, guided by you.

Fees and Cancellations

The fee for an hour session is \$80. A practitioner session may be shorter or longer depending on your need. Additional time is pro-rated at the hourly rate.

If you should need to cancel the session, I appreciate a 24 hour notice. This gives me a chance to re-schedule that time with another client. I do charge for missed appointments so please contact me if you cannot be present at the session.

Health insurance does not cover practitioner sessions.

Telephone/Skype sessions are at the same hourly fee and payment is due prior to the actual session.

Confidentiality

All sessions are confidential. I follow the same guidelines as in my mental health counseling practice. Information disclosed within sessions, including that of minors, is kept strictly confidential except when the following legal limitations apply: 1) Where there is a reasonable suspicion of child or elder abuse or neglect; 2) Where there is a reasonable suspicion that the client presents a danger of violence to others or where the client is likely to harm him or herself unless protective measures are taken; 3) Pursuant to legal proceeding; 4) In the course of my receiving regular professional consultation.

Daily spiritual practices including prayer have greatly enhanced my spiritual life and I believe it has the ability to enhance your life as well. I look forward to meeting with you and assisting you along your spiritual path whatever that may be. Blessings!